



Foundation Certificate in Team Coaching

**Introduction to team coaching, leading to
accreditation at Foundation level with EMCC.**



A professional qualification for experienced coaches moving into team coaching. Five modules cover scoping engagements, diagnosing effectiveness, and facilitating change, with peer practice before working with real teams.

Develop the knowledge, skills and confidence to coach intact teams within your organisation or beyond. On completion, you'll gain Foundation level accreditation as a team coach with EMCC.

Programme Purpose

Build confidence initiating team coaching relationships, and leave with the tools to help a team clarify its purpose and ways of working.

Who is this programme for?

- Practicing coaches who wish to expand into team coaching, accredited at EMCC Foundation level or above. Prior experience facilitating teams or groups is also recommended.
- If you don't yet hold EMCC Foundation accreditation, this can be included as part of the programme fee, along with one year of EMCC membership.

Format

- Approximately 50 hours total learning commitment over 3 months
- 3 month programme
- 5 × 3-hour live interactive online training sessions
- Pre-recorded video input before each session
- 8 × team coaching practice hours
- Pre-work, reflective journals, quizzes and community discussion
- Self-assessment and consolidation essay

Professional Accreditation

This programme has been assessed by the coaching body, EMCC Global, and has been given the TCQA award, enabling graduates to gain accreditation as a Foundation level team coach (Level 3) with EMCC on completion.



FIVE SESSIONS

The process is delivered across five sessions

Session 1: Programme Launch

Key principles, definitions, and the team coaching journey. You'll explore a five-stage process from scoping and agreement through to review, supported by pre-recorded instructional videos and discussion.

Session 2: Team Coaching in Practice

A deep dive into the mechanics of team coaching: whether to work alone or with a co-coach, building the relationship with the team leader, and working virtually. Core practice areas include clarifying team purpose and developing working agreements and team charters.

Session 3: Creating Psychological Safety

Team coaching demands trust. This session explores what psychological safety means in practice, with a focus on working with teams that have become stuck. You'll also be introduced to a range of diagnostic tools to assess team effectiveness.

Session 4: The Team as a System

A systems thinking approach to team coaching, shifting from individual focus to seeing the team as a dynamic, interdependent system. This session also explores harnessing diversity and how to close down the team coaching relationship.

Session 5: Practicing Professionally

You'll consider your signature team coaching style and share a short presentation outlining your unique approach. We explore ethical practice, professional standards, supervision and reflective practice. Learners are set a 2,000-word consolidation essay to conclude the programme.

The Foundation Certificate prepares you for the next stage: the Practitioner Certificate in Team Coaching, where you'll work with real teams in live settings, supported by professional supervision.

ESSENTIAL INFORMATION

Learning Platform

All programme materials, assignments and community discussion sit within a single online platform. Modules unlock progressively, with visual progress tracking and clear deadlines throughout. Reflective journals and peer discussion are built into every stage.

2026 Dates

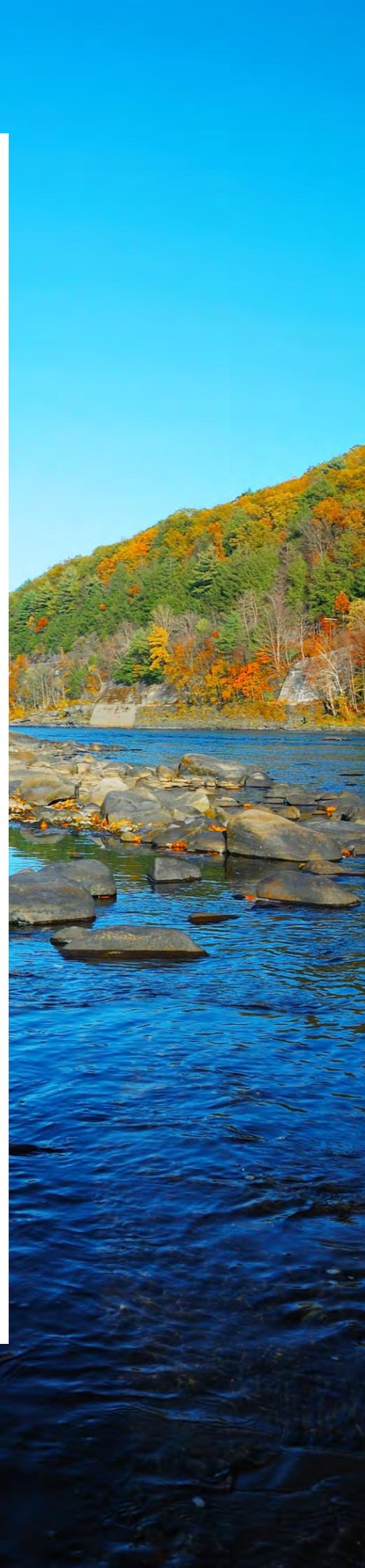
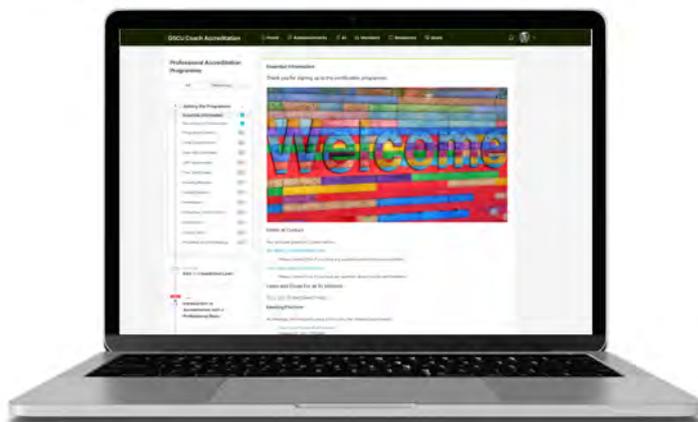
- 24 March, 3–4pm — Orientation Call
- 5 May, 9.30–12.30 — Session 1: Programme Launch
- 19 May, 9.30–12.30 — Session 2: Team Coaching in Practice
- 2 June, 9.30–12.30 — Session 3: Creating Psychological Safety
- 16 June, 9.30–12.30 — Session 4: The Team as a System
- 30 June, 9.30–12.30 — Session 5: Practicing Professionally

Programme Standards

This programme is assessed against twelve EMCC standards, including multi-stakeholder contracting, systems thinking and group dynamics, evidence-based methods of team effectiveness, supervision and reflective practice, and self-care and resilience.

Professional Accreditation

Accredited by EMCC Global with the Team Coaching Quality Award (TCQA). Graduates are eligible for EMCC Individual Team Coach Accreditation at Foundation level.





For further information about the Foundation Certificate in Team Coaching please contact support@governmentcampus.co.uk